GOVERNMENT OF ARUNACHAL PRADESH
OFFICE OF THE DISTRICT TOURISM OFFICER
TAWANG DISTRICT: TAWANG

NO.TWG/TOU-31/2025-26 Dated Tawang, the 09th Sept '2025

ADVISORY

Tawang is situated at a height of 10000 ft. above MSL and one has to cross Sela Pass which is situated at a height of 13,750 ft. and most of the tourist prefer to visit Bumla border which is 15000 ft (approx.). Hence, it might not be suitable for some tourists or persons having certain medical problems.

Hence, the tourists specially the senior citizens, persons with heart problems and other related ailments may be advised accordingly and necessary life supporting drugs etc. should be brought along while visiting Tawang.

Further, while traveling to higher tourist destinations like Sela Pass, Bumla Pass, Sho-nga-tser Lake, PT Tso, Chumi Gyatse (Holy waterfalls), Mago, Chuna, Jethang and other areas, visitors/tourists are strongly requested to follow the below mentioned safety guidelines:-

- **DO NOT ENTER THE FROZEN LAKE**
  - The frozen lakes in Tawang, while offering a scenic winter view, present serious risks. The ice covering the lakes is unstable and may not be thick enough to support human weight. Therefore, for your safety, the Department of Tourism, Tawang advises all tourists to avoid entering or stepping onto the frozen lakes.

- **DO NOT LITTER**
  - Carrying single use plastics, plastic cups, plates etc are strictly prohibited while travelling within the district. Visitors are requested to help preserve the natural beauty of Tawang by refraining from littering. Kindly use the designated dustbins or take your waste with you to ensure the environment remains clean and pristine.

- **FOLLOW LOCAL AUTHORITIES' INSTRUCTION**
  In case of emergencies, follow the instructions of local authorities, tour guides, and rescue teams to ensure your safety.

- **WEATHER AWARENESS**
  - Always check the latest weather forecasts and road conditions before planning your travel.
  - Avoid travel to mountainous areas during heavy snowfall or other severe weather conditions.

- **TRAVEL PRECAUTIONS.**
  - Use of Non-Skid Chains: When traveling to areas with snow-covered roads, ensure your vehicles are equipped with non-skid chains. This is crucial for maintaining road safety and avoiding accidents.
  - Carry warm clothes, emergency kits and communication devices.
  - Avoid prolonged exposure to extreme temperatures: Individuals who are susceptible to or have been diagnosed with high-altitude sickness are strongly advised to avoid travel to elevated regions such as Bumla Pass, Sho-nga-tser lake, Sela Pass and Chumi Gatse (Holy waterfalls. Sudden exposure to high altitudes can cause severe health complications, including altitude sickness.
  - Avail the service of expert drivers in snow covered roads.

- It is also advised that before moving towards high altitude areas like Sela Pass, Bumla Pass, Sho- nga-tser Lake, PT Tso, Chumi Gyatse (Holy waterfalls) etc, all the tourists/visitors should compulsorily acclimatize themselves for atleast a day after arrival. The tourists/visitors having health problems and other related ailments need to take extra precaution like prior medical consultations, availability of medicines and other lifesaving drugs.

- For more details, please visit official website of Arunachal Tourism (www.arunachaltourism.com) or Tawang Tourism (www.tawangtourism.in).

We request your cooperation in following these safety measures to ensure a safe and enjoyable visit.

Emergency Contact Nos:

1. Deputy Commissioner : 07630818147
2. Police station : 07630823200 /9233095355
3. District Hospital : 06909700672
4. Dept. of Tourism : 08794788935 (Tourist Information Officer)

All the stakeholders including the ILP issuing authorities viz DRC Delhi, Kolkata, Guwahati, Tezpur and EAC Bhalukpong are requested to advice the tourist intending to visit Tawang accordingly, please.

Sd/-
(Namgyal Angmo) IAS
Deputy Commissioner
Tawang District: Tawang

Memo No.TWG/TOU-31/2024-25/558-87 Dated Tawang, the 09th Sept' 2025

Copy to:

1. The DRC Delhi, Kolkata, Guwahati, Tezpur and EAC Bhalukpong for kind information and necessary action.
2. SPA to Secretary, Tourism, GoAP Itanagar for favour of kind information please.
3. PA to DC, Tawang for favour of kind information please.
4. PA to DC, Bomdila for favour of kind information please.
5. PA to Director, Tourism, GoAP, Itanagar for favour of kind information please.
6. The Commander, 190 Mtn Bde for kind information please.
7. The Commandant, 38th Bn. SSB, Tawang for information and with a request to guide the personnels stationed at Sela Pass
8. The SP, Tawang for kind information please.
9. The ADC, Jang/ Lungla for kind information and necessary action please.
10. The ADC, Dirang for kind information and necessary action please.
11. The DIPRO, Tawang for information and wide publicity please.
12. The DTO , Bomdila for information and necessary action please.
13. The Rep. of NIMAS Dirang (Stationed at Sela pass) for kind information and necessary action please.
14. The Station Director, AIR Tawang for information with a request for wide publicity please.
15. Tourist Information Officer, Bhalukpong/Guwahati for information and necessary action please.
16. The Editor, East Today, Tawang for information with a request for wide publicity please.
17. The Editor, Mon Tawang Vigilance, Tawang for information with a request for wide publicity please.
18. President (Tour Operators's Association / APPTF, Tawang unit / Mon Hotel Association/ Homestay Owner's Association) for kind information and necessary action please.
19. Tour guides (by name) for kind information and necessary action.
20. The Bazaar Secretary, OLD Market/New Market/Nehru Market Tawang for information and necessary action.
21. Office copy.

District Tourism Officer
For Deputy Commissioner
Tawang District: Tawang